

## DEAR PARENTS AND CARERS

Happy New Year!

Hope you had a great Christmas holiday. We would like to welcome all of you back to nursery for the new spring term! We would also like to welcome all the new children and their parents to our nursery. I would like to thank you all for your encouragement and support we have received from you in the last term.



## STAFF TEAM

The staff team at Happy Hands for Spring term 2013.

Shehama Russell: Owner/Manager

Paul Russell: Owner/Health and Safety

Manisha Pindoria: Deputy Manager Level 6 Graduate.

Rejoice Doku: Team Leader Level 3

Tamzida Pasha: Teacher Level 6

Harrin Perera: Music Teacher

Renee Francis: Performing arts

## GARDEN CHECKLIST

🌀 WOOLEN HAT

🌀 SCARF

🌀 GLOVES

🌀 WELLINGTON BOOTS

(Please provide us with the above items, once weather changes)

# HAPPY HANDS

NEWSLETTER

JANUARY 2013

## HEALTHY EATING

We would like to take this opportunity to mention to everyone about the promotion of healthy eating at Happy Hands. We provide a healthy and balanced menu for children who eat nursery food, and kindly ask that if you provide your child with food for snacks/lunch/dinner, it is also healthy. Thank you.

We have already sent out a letter giving you tips on what we encourage for healthy snacks. We are changing our food menu for the spring/summer term so please feel free to give us suggestions on the snacks and meals we provide.

We are promoting hygiene and self-care wherever possible at nursery. After mealtimes, all children go the bathroom and clean their teeth. If you have not already done so, could you please send a toothbrush and toothpaste for your child/children to be left at the nursery? In which will be kept safely sealed and labeled. It is also really important that you provide us with a change of clothing (clearly labeled) for your child/children. These will be kept securely in lockers provided in the nursery, also we ask for slippers/indoor shoes which will also be kept at nursery.



CHILDREN GETTING INVOLVED.





I would like to inform that our lunch/dinner money has increased from £3 to £3.50. The cost of the prices was increased to meet the expense for our new dinner lady Sharon Gray.

### REMINDER:

- **KIND REMINDER TO ALL THE PARENTS TO DRESS THEIR CHILDREN IN THE UNIFORM WHEN ATTENDING THE NURSERY.**
- **PLEASE ENSURE YOUR CHILD HAS INDOOR SLIPPERS AND SPARE CLOTHES IN THE NURSERY.**
- **ALL PARENTS ARE KINDLY REMINDED TO SIGN IN AND OUT THE REGISTER WHEN PICKING/DROPPING YOUR CHILD FOR SAFEGUARDING PURPOSES.**

### FESTIVALS:

- 10<sup>th</sup> February- Chinese New Year
- 12<sup>th</sup> February- Shrove Tuesday/ Pancake Day
- 14<sup>th</sup> February- St. Valentine Day
- 24<sup>th</sup> February- Purim
- 10<sup>th</sup> March- Mother's Day
- 17<sup>th</sup> March- St. Patrick's Day
- 26<sup>th</sup> March- Passover
- 27<sup>th</sup> March- Holi
- 31<sup>st</sup> March- Easter

### NURSERY CLOSED:

Half term: Monday 18 February 2013  
- Friday 22 February 2013 (only for children who receive the national educational grant).

Term ends: Thursday 28 March 2013

(MORE INFO GIVEN CLOSER TO THE TIME)

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## **Pick Up and Drop Off Times.**

It is vitally important that you drop off and collect your child at the agreed times. Children cannot be dropped off anytime and collected three hours later. We work on a staff:child ratio and have to plan for this in advance. Unless you have agreed a change of hours or additional hours with management there will be **a charge of £5 for every 15 minutes that you are late**, (at the managers' discretion).

[www.happyhandsmontessorinursery.co.uk](http://www.happyhandsmontessorinursery.co.uk)

## **HEALTHY SETTINGS.**

We have entered our setting into a Healthy Setting Scheme within Brent. We will be working closely with outside workers to ensure all children who attend Happy Hands are as healthy as possible. We will keep you all informed of our success! There is a table, containing information leaflets on healthy eating immunization and breastfeeding in our reception area. We welcome you to take any information leaflet you may need or read through the hard copies whilst at the setting. If there are any information leaflets which you would like please ask a member of staff and we will try our best to obtain them for you. 'BUSY FEET' is an activity which we want to promote in our nursery; this is a fun and exciting way to ensure children are exercising daily.